

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
1	Bahlmann, Florian	87	VfL Oldenburg	<b>0:44:05 h</b>	0:44:04 h	1	M30-1	°	°	269
2	Thiessen, Mathias	80	BSG Sparkasse Harburg-E	<b>0:45:56 h</b>	0:45:55 h	2	M35-1	°	°	164
3	Lange, Ulf	80	Hannover 96 Triathlon	<b>0:47:55 h</b>	0:47:54 h	3	M35-2	°	°	93
4	Holm, Johannes	94	LG Dithmarscher Westkü.	<b>0:48:35 h</b>	0:48:33 h	4	M-1	°	°	236
5	Plescher, Stefan	69	FC St. Pauli Triathlon	<b>0:48:37 h</b>	0:48:34 h	5	M45-1	°	°	268
6	von Lossow, Christoph	74		<b>0:48:47 h</b>	0:48:45 h	6	M40-1	°	°	204
7	Ring, Christian	73	Tesa Runner	<b>0:48:57 h</b>	0:48:56 h	7	M40-2	°	°	135
8	Martin, Marcel	87	Abbenorf Runners	<b>0:50:33 h</b>	0:50:32 h	8	M30-2	°	°	225
9	Dieball, Björn	73	Airbus & Friends	<b>0:50:56 h</b>	0:50:55 h	9	M40-3	°	°	34
10	Göpel, Christian	62	LG Brunsberg	<b>0:51:10 h</b>	0:51:08 h	10	M55-1	°	°	52
11	Fischell, Andreas	68	Siegerteam	<b>0:51:26 h</b>	0:51:22 h	11	M45-2	°	°	42
12	Emmerling, Reinhard	61		<b>0:51:45 h</b>	0:51:42 h	12	M55-2	°	°	249
13	Holm, Helge	92	LG Dithmarscher Westkü.	<b>0:52:00 h</b>	0:51:58 h	13	M-2	°	°	68
14	Groschke, Andreas	67	AEG Buchholz Lehrer 2	<b>0:52:02 h</b>	0:51:59 h	14	M50-1	°	°	55
15	Dees, Heiko	70		<b>0:52:07 h</b>	0:52:02 h	15	M45-3	°	°	32
16	Maack, Leonard	01	AEG Buchholz GUDG	<b>0:52:23 h</b>	0:52:21 h	16	MJ U18-1	°	°	101
17	Östreich, Jan	87		<b>0:52:57 h</b>	0:52:55 h	17	M30-3	°	°	118
18	Reichert, Steffen	79		<b>0:53:18 h</b>	0:53:13 h	18	M35-3	°	°	258
19	Vorrath, Stefan	77	MTV Treubund Lüneburg	<b>0:53:25 h</b>	0:53:20 h	19	M40-4	°	°	165
20	Hoppe, Constantin	00	AEG Buchholz	<b>0:54:02 h</b>	0:53:51 h	20	MJ U18-2	°	°	70
21	Bensemman, Marc	79	Blau-Weiss Buchholz e.V	<b>0:54:10 h</b>	0:54:08 h	21	M35-4	°	°	197
22	Mill, Dennis	81		<b>0:54:17 h</b>	0:54:15 h	22	M35-5	°	°	109
23	Riebesehl, Norbert	62	Just for Fun	<b>0:54:18 h</b>	0:54:14 h	23	M55-3	°	°	133
24	Balduhn, Ann-Kathrin	95	HSV Stöckte	<b>0:54:19 h</b>	0:54:14 h	°	°	1	W U23-1	228
25	Flamm, Martin	68		<b>0:54:50 h</b>	0:54:48 h	24	M45-4	°	°	202
26	Pechtl, Julius	95	Joy-Fitness	<b>0:54:57 h</b>	0:54:53 h	25	M U23-1	°	°	255
27	Rieckmann, Olaf	65		<b>0:55:09 h</b>	0:55:06 h	26	M50-2	°	°	134
28	Gösser, Stefan	69		<b>0:55:43 h</b>	0:55:33 h	27	M45-5	°	°	198
29	Huet, Damien	79	Hase & Igel	<b>0:55:51 h</b>	0:55:46 h	28	M35-6	°	°	260
30	Behringer, Justus	01	AEG Buchholz GUDG	<b>0:55:52 h</b>	0:55:49 h	29	MJ U18-3	°	°	14
31	Boger, Niklas	96	MTV Tostedt Handball	<b>0:55:57 h</b>	0:55:50 h	30	M U23-2	°	°	24
32	Lehmann, Sven	75	SV Holm-Seppensen	<b>0:56:02 h</b>	0:55:58 h	31	M40-5	°	°	94
33	Schneider, Malte	98	Ts-Ninja Clan	<b>0:56:29 h</b>	0:56:10 h	32	MJ U20-1	°	°	153
34	Froede, Kai	65	VfL Jesteburg	<b>0:56:49 h</b>	0:56:42 h	33	M50-3	°	°	47

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
35	Dammann, Hauke	74	Hase & Igel	<b>0:57:32 h</b>	0:57:28 h	34	M40-6	°	°	261
36	Holland, Michael	66		<b>0:57:38 h</b>	0:57:34 h	35	M50-4	°	°	67
37	Behrndt, Henrik	72	Airbus & Friends	<b>0:57:43 h</b>	0:57:40 h	36	M45-6	°	°	16
38	Marchewka, Bernd	60		<b>0:57:46 h</b>	0:57:29 h	37	M55-4	°	°	252
39	Ehrich, Sven	70		<b>0:57:52 h</b>	0:57:48 h	38	M45-7	°	°	40
39	Behrens, Christopher	80	TV Fischbek	<b>0:57:52 h</b>	0:57:48 h	38	M35-7	°	°	216
41	Gierach, Nils	86	TuS Nenndorf	<b>0:58:00 h</b>	0:57:51 h	40	M30-4	°	°	211
42	Vogt, Alexander	87	Joy-Fitness	<b>0:58:10 h</b>	0:58:07 h	41	M30-5	°	°	256
43	Donaghy, Fergus	75	Airbus & Friends	<b>0:59:04 h</b>	0:59:00 h	42	M40-7	°	°	244
44	von Lossow, Ines	79		<b>0:59:06 h</b>	0:59:03 h	°	°	2	W35-1	203
44	Bartz, Christian	79	SV Holm-Seppensen	<b>0:59:06 h</b>	0:59:02 h	43	M35-8	°	°	212
46	Schmidthals, Matthias	67	SC Klecken	<b>0:59:16 h</b>	0:59:03 h	44	M50-5	°	°	147
47	Linder, Fabian	70		<b>0:59:21 h</b>	0:59:02 h	45	M45-8	°	°	199
48	Suttrop, Björn	77	Rasante Raser	<b>0:59:25 h</b>	0:59:07 h	46	M40-8	°	°	196
49	Schneider, Lennart	96	Ts-Ninja Clan	<b>0:59:26 h</b>	0:59:05 h	47	M U23-3	°	°	152
50	Lohmann, Jolana	01	VfL Jesteburg	<b>0:59:27 h</b>	0:59:22 h	°	°	3	WJ U18-1	98
51	Sereda, Igar	83		<b>1:01:00 h</b>	1:00:50 h	48	M30-6	°	°	209
52	Allwardt, Nils	97		<b>1:01:10 h</b>	1:00:59 h	49	M U23-4	°	°	7
53	Schmidt, Kai	73		<b>1:01:21 h</b>	1:01:11 h	50	M40-9	°	°	213
54	Blume, Markus	80	AEG Buchholz Lehrer 2	<b>1:01:25 h</b>	1:01:15 h	51	M35-9	°	°	22
55	Steinbeck, Stefan	64	Blau-Weiss Buchholz e.V	<b>1:01:32 h</b>	1:01:30 h	52	M50-6	°	°	193
56	Peter, Frank	71	MTV Soltau	<b>1:01:39 h</b>	1:01:37 h	53	M45-9	°	°	123
57	Fröhlich, Florian	82		<b>1:01:43 h</b>	1:01:20 h	54	M35-10	°	°	48
58	Felkner, Martin	78		<b>1:01:50 h</b>	1:01:27 h	55	M35-11	°	°	41
59	Berger, Marc	74		<b>1:01:51 h</b>	1:01:22 h	56	M40-10	°	°	243
60	Rolffs, Stefan	60		<b>1:01:52 h</b>	1:01:39 h	57	M55-5	°	°	182
60	Schwandt, Kay	73	Notare an der Palmaille	<b>1:01:52 h</b>	1:01:45 h	57	M40-11	°	°	159
62	Djudjic, Slobodan	39	LG Außenmühle	<b>1:02:12 h</b>	1:02:03 h	59	M75-1	°	°	35
62	Malinowski, Fabian	88		<b>1:02:12 h</b>	1:01:56 h	59	M-3	°	°	253
64	Rumpelt, Jochen	62	FC St. Pauli Triathlon	<b>1:02:31 h</b>	1:02:17 h	61	M55-6	°	°	266
65	Jördens, Thore	97	Ts-Ninja Clan	<b>1:02:35 h</b>	1:02:15 h	62	M U23-5	°	°	75
66	Baier, Toby	74	FC St. Pauli	<b>1:02:37 h</b>	1:02:26 h	63	M40-12	°	°	242
67	Redlich, Marcel	78	Plattfischfreunde	<b>1:02:41 h</b>	1:02:24 h	64	M35-12	°	°	128
68	Lühr, Rüdiger	70	Siegerteam	<b>1:02:47 h</b>	1:02:41 h	65	M45-10	°	°	100

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69	Balduhn, Karina	62		<b>1:02:50 h</b>	1:02:44 h	°	°	4	W55-1	227
70	Neckel, Oliver	00	SV Holm-Seppensen	<b>1:02:54 h</b>	1:02:26 h	66	MJ U18-4	°	°	195
71	Behringer, Mike	67	VfL Jesteburg	<b>1:02:58 h</b>	1:02:50 h	67	M50-7	°	°	15
72	Schneider, Björn	69	Brands Fashion	<b>1:03:00 h</b>	1:02:53 h	68	M45-11	°	°	151
73	Duft, Daniel	73	Blau-Weiss Buchholz e.V	<b>1:03:07 h</b>	1:03:05 h	69	M40-13	°	°	37
74	Wurr, Uwe	66	SV Holm-Seppensen	<b>1:03:10 h</b>	1:02:42 h	70	M50-8	°	°	181
75	Kranzmair, Heiko	68	Buchholzer FC	<b>1:03:17 h</b>	1:03:06 h	71	M45-12	°	°	86
76	Rudzinski, Carsten	70		<b>1:03:24 h</b>	1:03:01 h	72	M45-13	°	°	138
77	Hecht, Armin	70	Sonntagskicker	<b>1:03:31 h</b>	1:03:09 h	73	M45-14	°	°	61
78	Kleist, Sanne	79		<b>1:03:49 h</b>	1:03:45 h	°	°	5	W35-2	80
79	Höhne, David	83		<b>1:03:50 h</b>	1:03:46 h	74	M30-7	°	°	208
80	Cordes, Henry	55		<b>1:03:57 h</b>	1:03:47 h	75	M60-1	°	°	230
81	Boldt, Susanne	70	FG Tangendorf	<b>1:04:03 h</b>	1:03:55 h	°	°	6	W45-1	219
82	Kuhlmann, Kai	68	Habicht-Runners	<b>1:04:07 h</b>	1:03:38 h	76	M45-15	°	°	88
83	Göpel, Sabrina	93	SV Holm-Seppensen	<b>1:04:12 h</b>	1:03:58 h	°	°	7	W-1	53
84	Jentsch, Tobias	78	Kuhn+Witte / Köhnke	<b>1:04:19 h</b>	1:04:04 h	77	M35-13	°	°	73
85	Bendix, Birgit	62	AEG Buchholz Lehrer 2	<b>1:04:21 h</b>	1:04:18 h	°	°	8	W55-2	18
86	Freytag, Siona	88	Hörgeräte-Studio Freytag	<b>1:04:30 h</b>	1:04:17 h	°	°	9	W-2	46
86	Beyer, Maximilian	89	Hörgeräte-Studio Freytag	<b>1:04:30 h</b>	1:04:16 h	78	M-4	°	°	19
88	Köhler, Nadine	91	BSG Sparkasse Harburg-F	<b>1:04:32 h</b>	1:04:10 h	°	°	10	W-3	84
89	Brockmann, Achim	80	Mühlenschule	<b>1:04:41 h</b>	1:04:38 h	79	M35-14	°	°	217
90	Gierach, Jörn	58	TuS Nenndorf	<b>1:04:43 h</b>	1:04:34 h	80	M55-7	°	°	210
91	Heldt, Stefan	73	Siegerteam	<b>1:04:46 h</b>	1:04:40 h	81	M40-14	°	°	63
92	Ohl, Jörg	63		<b>1:04:54 h</b>	1:04:44 h	82	M50-9	°	°	117
93	Glasneck, Gunnar	72		<b>1:05:06 h</b>	1:04:57 h	83	M45-16	°	°	205
94	Schultz, Ronald	69		<b>1:05:12 h</b>	1:05:06 h	84	M45-17	°	°	157
95	Menke, Stefan	81	TSV Eintracht Hittfeld	<b>1:05:15 h</b>	1:05:12 h	85	M35-15	°	°	188
96	Allerding, Dirk	68	Stolpertruppe Winsen	<b>1:05:18 h</b>	1:05:06 h	86	M45-18	°	°	6
97	Röhse, Jan-Hendrik	64		<b>1:05:19 h</b>	1:05:01 h	87	M50-10	°	°	136
98	Aschern, Matthias	69		<b>1:05:29 h</b>	1:05:13 h	88	M45-19	°	°	259
99	Fehling, Jens	76	MTV Obermarschacht	<b>1:05:33 h</b>	1:05:10 h	89	M40-15	°	°	263
100	Boleschuk, Yuriy	84	Brands Fashion	<b>1:05:35 h</b>	1:05:32 h	90	M30-8	°	°	25
101	Wichmann, Sören	93		<b>1:05:37 h</b>	1:05:19 h	91	M-5	°	°	251
102	Heimann, Stefanie	71	Airbus & Friends	<b>1:05:40 h</b>	1:05:34 h	°	°	11	W45-2	62

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103	Fischer, Christoph	84	Notare an der Palmaille	<b>1:05:41 h</b>	1:05:32 h	92	M30-9	°	°	43
104	Bredehöft, Antje	78		<b>1:06:20 h</b>	1:06:14 h	°	°	12	W35-3	29
105	Saegebrecht, Jan	69	Berliner Rugby Club	<b>1:06:21 h</b>	1:06:05 h	93	M45-20	°	°	245
106	Kästner, Fiona	95		<b>1:06:24 h</b>	1:06:18 h	°	°	13	W U23-2	229
107	Hoya, Constantin	80	Team ERDINGER Alkohol!	<b>1:06:47 h</b>	1:06:32 h	94	M35-16	°	°	191
108	Schoppe, Benedikt	87		<b>1:06:49 h</b>	1:06:40 h	95	M30-10	°	°	226
109	Böttger, Heino	50		<b>1:07:00 h</b>	1:06:58 h	96	M65-1	°	°	27
110	Stolze, Olaf	62	FV Dittmern	<b>1:07:18 h</b>	1:07:06 h	97	M55-8	°	°	262
111	Kämper, Nils	65	Blau-Weiss Buchholz e.V	<b>1:07:22 h</b>	1:07:12 h	98	M50-11	°	°	233
112	Wilke, Christina	77		<b>1:07:23 h</b>	1:07:19 h	°	°	14	W40-1	175
113	Petersen, Maren	78	Montessori Kinderhaus	<b>1:07:31 h</b>	1:07:24 h	°	°	15	W35-4	272
114	Frischer, Horst	46		<b>1:07:59 h</b>	1:07:53 h	99	M70-1	°	°	273
115	Blankenstein, Stephanie	70		<b>1:08:05 h</b>	1:07:55 h	°	°	16	W45-3	20
116	Heyennath, Annkathrin	71	MTV Salzhhausen	<b>1:08:10 h</b>	1:08:03 h	°	°	17	W45-4	246
116	Gordon, Majorna	78		<b>1:08:10 h</b>	1:07:56 h	°	°	17	W35-5	54
116	Wilkowsky, Lauritz	96	Ts-Ninja Clan	<b>1:08:10 h</b>	1:07:49 h	100	M U23-6	°	°	176
119	Hagedorn, Christopher	71	SV Krupunder/Lohkamp	<b>1:08:11 h</b>	1:07:52 h	101	M45-21	°	°	58
120	Fehling, Lars	75	MTV Obermarschacht	<b>1:08:20 h</b>	1:07:56 h	102	M40-16	°	°	265
121	Kock, Martin	80		<b>1:08:24 h</b>	1:08:13 h	103	M35-17	°	°	83
122	Blechs Schmidt, Timo	80		<b>1:08:26 h</b>	1:08:08 h	104	M35-18	°	°	218
123	Klein, Andre	84		<b>1:08:30 h</b>	1:08:07 h	105	M30-11	°	°	79
124	Goedecke, Sven	81		<b>1:08:32 h</b>	1:08:30 h	106	M35-19	°	°	248
125	Künkel, Peter	64		<b>1:08:47 h</b>	1:08:35 h	107	M50-12	°	°	90
126	Allerding, Carmen	68	Stolpertruppe Winsen	<b>1:08:50 h</b>	1:08:37 h	°	°	19	W45-5	5
126	Schmidthals, Nicole	70	SC Klecken	<b>1:08:50 h</b>	1:08:37 h	°	°	19	W45-5	148
128	Voß, Janik	99	AEG Buchholz Frühlingslo	<b>1:08:54 h</b>	1:08:43 h	108	MJ U20-2	°	°	167
128	Wilcken, Henry	99	AEG Buchholz Frühlingslo	<b>1:08:54 h</b>	1:08:42 h	108	MJ U20-2	°	°	192
130	Nikolaus, Felix	87		<b>1:09:00 h</b>	1:08:37 h	110	M30-12	°	°	113
131	Ehrhorn, Lasse	96	Ts-Ninja Clan	<b>1:09:01 h</b>	1:08:42 h	111	M U23-7	°	°	38
132	Hagel, Dirk	62		<b>1:09:05 h</b>	1:08:49 h	112	M55-9	°	°	59
133	Morgenthal, David	86		<b>1:09:09 h</b>	1:08:46 h	113	M30-13	°	°	111
134	Kusters, Stephan	68	Blau-Weiss Buchholz e.V	<b>1:09:10 h</b>	1:08:59 h	114	M45-22	°	°	91
135	Schweneker, Thomas	73	Walk & Run Seevetal GTC	<b>1:09:13 h</b>	1:09:05 h	115	M40-17	°	°	160
136	Koch, Michael	70	Emmelndorf/Seevetal	<b>1:09:26 h</b>	1:09:06 h	116	M45-23	°	°	264

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137	Bauersfeld, Antje	56	Blau-Weiss Buchholz e.V	<b>1:09:39 h</b>	1:09:29 h	°	°	21	W60-1	12
138	Wittlinger, Hans	68		<b>1:09:50 h</b>	1:09:29 h	117	M45-24	°	°	179
139	Schleim, Kurt	52		<b>1:09:56 h</b>	1:09:49 h	118	M65-2	°	°	145
140	Westendorf, Marek	70	Montessori Kinderhaus	<b>1:09:59 h</b>	1:09:41 h	119	M45-25	°	°	173
140	Richter, Dina	76	Notare an der Palmaille	<b>1:09:59 h</b>	1:09:51 h	°	°	22	W40-2	132
142	Paul, Reiner	55	BSG HypoVereinsbank	<b>1:10:08 h</b>	1:09:54 h	120	M60-2	°	°	122
143	Vorrath, Wilhelm	42	MTV Treubund Lüneburg	<b>1:10:12 h</b>	1:10:02 h	121	M75-2	°	°	166
144	Falk, Fritz	72	HL Buchholz 08-Rosengar	<b>1:10:24 h</b>	1:10:00 h	122	M45-26	°	°	250
145	Wesemann, Timo	79		<b>1:10:28 h</b>	1:10:15 h	123	M35-20	°	°	214
145	Schneider, Jennifer	84		<b>1:10:28 h</b>	1:10:15 h	°	°	23	W30-1	215
147	Bartl, Doris	67	Tesa Runner	<b>1:10:47 h</b>	1:10:37 h	°	°	24	W50-1	11
147	Suwe, Michael	67	VfL Jesteburg	<b>1:10:47 h</b>	1:10:39 h	124	M50-13	°	°	163
149	Jordan, Holger-Wilhelm	45	FG Tangendorf	<b>1:10:57 h</b>	1:10:48 h	125	M70-2	°	°	74
150	Oesterreich, Johanna	00		<b>1:11:03 h</b>	1:10:56 h	°	°	25	WJ U18-2	116
151	Oesterreich, Dirk	72		<b>1:11:04 h</b>	1:10:56 h	126	M45-27	°	°	115
152	Meyer, Andreas	70	Blau-Weiss Buchholz e.V	<b>1:11:11 h</b>	1:10:48 h	127	M45-28	°	°	108
153	Giesecke, Tobias	84		<b>1:11:14 h</b>	1:10:53 h	128	M30-14	°	°	51
154	von Rönnen, Wieland	71	Kuhn+Witte / Köhnke	<b>1:11:17 h</b>	1:11:17 h	129	M45-29	°	°	274
155	Aulert, Harald	68	Tesa Runner	<b>1:11:25 h</b>	1:11:14 h	130	M45-30	°	°	8
156	Lindemeier, Michael	85		<b>1:11:42 h</b>	1:11:21 h	131	M30-15	°	°	97
156	Meinke, Sandra	86		<b>1:11:42 h</b>	1:11:22 h	°	°	26	W30-2	187
158	Hollnack, Christoph	86		<b>1:11:44 h</b>	1:11:15 h	132	M30-16	°	°	247
159	Scherf, Tobias	81		<b>1:11:56 h</b>	1:11:40 h	133	M35-21	°	°	144
160	Lohmann, Ralf	62	VfL Jesteburg	<b>1:12:04 h</b>	1:11:59 h	134	M55-10	°	°	99
161	Behrens, Lena	85	SV Holm-Seppensen	<b>1:12:22 h</b>	1:12:07 h	°	°	27	W30-3	13
162	Waterkamp, Stefan	73	IGS Buchholz	<b>1:12:25 h</b>	1:12:17 h	135	M40-18	°	°	170
163	Schäftlein, Sarah Fidelia	00	AEG Buchholz Frühlingslo	<b>1:12:28 h</b>	1:12:18 h	°	°	28	WJ U18-3	139
163	Freytag, Jana	91	Hörgeräte-Studio Freytag	<b>1:12:28 h</b>	1:12:15 h	°	°	28	W-4	45
165	Klaus, Janika-Nele	00	AEG Buchholz Frühlingslo	<b>1:12:35 h</b>	1:12:25 h	°	°	30	WJ U18-4	78
165	Passlack, Jörg	75	SV Holm-Seppensen	<b>1:12:35 h</b>	1:12:30 h	136	M40-19	°	°	121
167	Lennartz, Tobias	72	Happy Running Family	<b>1:12:37 h</b>	1:12:21 h	137	M45-31	°	°	95
168	Künkel, Ina	64		<b>1:12:40 h</b>	1:12:28 h	°	°	31	W50-2	89
168	Wünsche, Christina	79		<b>1:12:40 h</b>	1:12:25 h	°	°	31	W35-6	180
170	Armbrecht, Ralf	61	Blau-Weiss Buchholz e.V	<b>1:12:50 h</b>	1:12:40 h	138	M55-11	°	°	201

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
171	Knief, Alexandra	73		<b>1:12:59 h</b>	1:12:44 h	°	°	33	W40-3	81
172	Putensen, Sonja	71	Kuhn+Witte / Köhnke	<b>1:13:32 h</b>	1:13:32 h	°	°	34	W45-7	275
173	Meinert, Norbert	50	TSC Wellingsbüttel	<b>1:13:40 h</b>	1:13:22 h	139	M65-3	°	°	223
174	Rietzke, Reinhard	48		<b>1:13:43 h</b>	1:13:37 h	140	M65-4	°	°	207
175	Deinert, Michael	67	Volldampf	<b>1:13:44 h</b>	1:13:36 h	141	M50-14	°	°	33
176	Laatsch, Gregor	71	Volldampf	<b>1:13:45 h</b>	1:13:37 h	142	M45-32	°	°	92
177	Hoffmann, Roland	59	FG Tangendorf	<b>1:13:51 h</b>	1:13:41 h	143	M55-12	°	°	65
178	Hilbig, Axel	59	SV Munster	<b>1:13:59 h</b>	1:13:48 h	144	M55-13	°	°	221
179	Scheel, Heike	65	Blau-Weiss Buchholz e.V	<b>1:14:09 h</b>	1:13:56 h	°	°	35	W50-3	141
180	Ahrens, Maxi	94		<b>1:14:28 h</b>	1:14:22 h	°	°	36	W-5	4
181	Hansen, Lennart	99	Blau-Weiss Buchholz e.V	<b>1:14:33 h</b>	1:14:28 h	145	MJ U20-4	°	°	190
182	Kovacs, Tom	59	Comeback	<b>1:14:35 h</b>	1:14:27 h	146	M55-14	°	°	220
183	Hansen, Iris	67		<b>1:14:36 h</b>	1:14:31 h	°	°	37	W50-4	267
184	Bredehöft, Gerhard	47	Buchholz 08	<b>1:14:37 h</b>	1:14:31 h	147	M70-3	°	°	30
184	Winter, Jennifer	90		<b>1:14:37 h</b>	1:14:30 h	°	°	38	W-6	177
186	Möller, Sabine	62	TSC Wellingsbüttel	<b>1:14:45 h</b>	1:14:27 h	°	°	39	W55-3	224
187	Henke, Walter	63	FG Tangendorf	<b>1:14:51 h</b>	1:14:42 h	148	M50-15	°	°	222
188	Böckelmann, Hedi	50	LG Brunsberg	<b>1:15:04 h</b>	1:14:51 h	°	°	40	W65-1	23
189	Siemer, Vanessa	73	Mühlenschule	<b>1:15:07 h</b>	1:14:55 h	°	°	41	W40-4	161
190	Killmer, Kerstin	71		<b>1:15:23 h</b>	1:15:15 h	°	°	42	W45-8	189
191	Schlosser, Nina	83	Mühlenschule	<b>1:15:27 h</b>	1:15:15 h	°	°	43	W30-4	146
192	Martin, Gabriel	71		<b>1:15:45 h</b>	1:15:32 h	149	M45-33	°	°	184
193	Pöppinghaus, Thiago	00		<b>1:16:01 h</b>	1:15:37 h	150	MJ U18-5	°	°	127
194	Körber, Klaus	50	SG Haspa	<b>1:16:09 h</b>	1:15:54 h	151	M65-5	°	°	85
195	Bartl, Andreas	66	Tesa Runner	<b>1:16:32 h</b>	1:16:22 h	152	M50-16	°	°	10
195	Werbellow, Catherina	93		<b>1:16:32 h</b>	1:16:11 h	°	°	44	W-7	235
197	Montens, Mareike	83		<b>1:16:33 h</b>	1:16:23 h	°	°	45	W30-5	110
198	Kettner, Thomas	55		<b>1:16:34 h</b>	1:16:22 h	153	M60-3	°	°	77
199	Schmitt, Herbert	67		<b>1:17:00 h</b>	1:16:55 h	154	M50-17	°	°	150
200	Kämper, Birte	66	Blau-Weiss Buchholz e.V	<b>1:17:17 h</b>	1:17:01 h	°	°	46	W50-5	234
201	Müller, Anke	67	Blau-Weiss Buchholz e.V	<b>1:17:18 h</b>	1:17:02 h	°	°	47	W50-6	200
202	Reinking, Heike	80	Kaifu Tri Team e. V.	<b>1:17:59 h</b>	1:17:53 h	°	°	48	W35-7	131
203	Barthel, Britta	63		<b>1:18:13 h</b>	1:18:00 h	°	°	49	W50-7	9
204	Ehrich, Sonja	74	SV Enge-Sande	<b>1:18:37 h</b>	1:18:22 h	°	°	50	W40-5	39

Platz	Name, Vorname	Jg	Verein / BSG / Ort	Bruttozeit	Nettozeit	Männer Ges	Männer AK	Frauen Ges	Frauen AK	Start- Nr.
205	Scholz, Rüdiger	58	VfL Jesteburg	<b>1:18:53 h</b>	1:18:41 h	155	M55-15	°	°	155
206	Klein, Lisa	89		<b>1:19:04 h</b>	1:18:41 h	°	°	51	W-8	194
207	Jackos, Daniela	77		<b>1:19:05 h</b>	1:18:45 h	°	°	52	W40-6	232
208	Hansen, Martin	77		<b>1:19:06 h</b>	1:18:46 h	156	M40-20	°	°	231
209	Hübner, Christina	85	Notare an der Palmaille	<b>1:19:07 h</b>	1:18:57 h	°	°	53	W30-6	72
210	Kahnert, Michael	69		<b>1:19:30 h</b>	1:19:19 h	157	M45-34	°	°	76
211	Westendorf, Christiane	76	Montessori Kinderhaus	<b>1:19:45 h</b>	1:19:27 h	°	°	54	W40-7	172
212	Nordbruch, Steffanie	70	FG Tangendorf	<b>1:19:52 h</b>	1:19:43 h	°	°	55	W45-9	114
213	Gülzow, Andrea	58	Brands Fashion	<b>1:20:43 h</b>	1:20:39 h	°	°	56	W55-4	57
214	Witte, Gesine	71		<b>1:21:31 h</b>	1:21:18 h	°	°	57	W45-10	178
215	Schröder, Oliver	01	Brands Fashion	<b>1:21:38 h</b>	1:21:34 h	158	MJ U18-6	°	°	271
216	Hoppe, Ralf	63	AEG Buchholz Lehrer 2	<b>1:22:34 h</b>	1:21:55 h	159	M50-18	°	°	71
217	Reglitzky, Arno	35	Arno-Family-Team	<b>1:23:03 h</b>	1:22:45 h	160	M80-1	°	°	241
217	Karlstetter, Anja	65	Arno-Family-Team	<b>1:23:03 h</b>	1:22:46 h	°	°	58	W50-8	240
217	Karlstetter, Tim	90	Arno-Family-Team	<b>1:23:03 h</b>	1:22:44 h	160	M-6	°	°	237
217	Farina, Mandy	92	Arno-Family-Team	<b>1:23:03 h</b>	1:22:45 h	°	°	58	W-9	238
221	Karlstetter, Richard	61	Arno-Family-Team	<b>1:23:04 h</b>	1:22:45 h	162	M55-16	°	°	239
222	Oswald, Sebastian	85		<b>1:23:24 h</b>	1:23:10 h	163	M30-17	°	°	119
223	Scheifler, Manuel	83		<b>1:23:25 h</b>	1:23:11 h	164	M30-18	°	°	142
224	Leu, Regina	60	Blau-Weiss Buchholz e.V	<b>1:24:12 h</b>	1:23:52 h	°	°	60	W55-5	96
225	Doblerhau, Dennis	77		<b>1:24:26 h</b>	1:24:19 h	165	M40-21	°	°	257
226	Dallmann, Anja	82		<b>1:24:29 h</b>	1:24:22 h	°	°	61	W35-8	254
227	Reese, Christiane	72	Für eine Handvoll Krümel	<b>1:25:27 h</b>	1:25:02 h	°	°	62	W45-11	129
227	Geuke, Dörte	73	SV Holm-Seppensen	<b>1:25:27 h</b>	1:25:02 h	°	°	62	W40-8	50
229	Matthies, Maira	95		<b>1:25:45 h</b>	1:25:39 h	°	°	64	W U23-3	185
230	Freytag, Hendrik	84	Hörgeräte-Studio Freytag	<b>1:25:46 h</b>	1:25:33 h	166	M30-19	°	°	44
231	Dammann, Ilka	72	Blau-Weiss Buchholz e.V	<b>1:29:22 h</b>	1:29:00 h	°	°	65	W45-12	31
232	Hassenstein, Axel	66		<b>1:29:32 h</b>	1:29:25 h	167	M50-19	°	°	60
233	Pöppinghaus, Andreas	61		<b>1:29:52 h</b>	1:29:28 h	168	M55-17	°	°	126